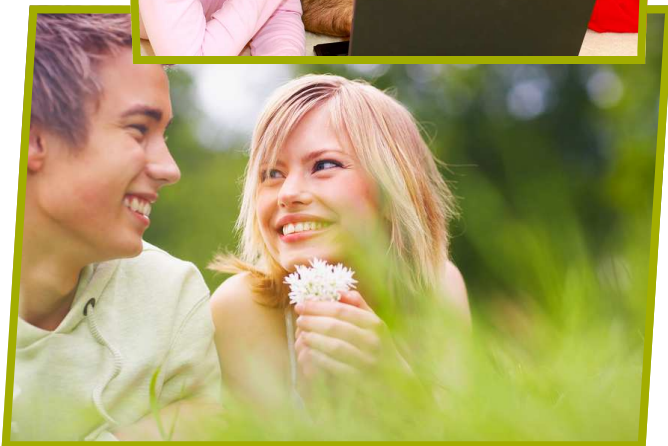




The temptations are everywhere and for parents, it's a priority to protect children from real world dangers. To help keep your family safe, Idaho Digital Learning is hosting a series of **free** webinars for parents and educators.

The spring sessions are dedicated to four important safety topics.

**FREE - REGISTER NOW!**



**COMING SOON!**

Free online Internet safety lessons for students.  
Safety ♦ Netiquette ♦ Cyberbullying

## Keeping your child safe

Parent-focused webinars

### TOPICS

- Sex & Dating
- Drugs & Alcohol
- Internet Safety
  - I. Protecting Children
  - II. Social Networking Pitfalls
- Bullying & Harassment

Experts in these fields reveal potential threats facing your children, and offer safety solutions for the whole family.

### WHEN?

April 1—May 6  
Thursday nights (except April 15)  
7-8pm MST, 6-7pm PST

### WHERE?

These live, online seminars are accessed through your computer, with the use of an Internet connection and speakers.

During the webinar, you can ask questions and participate in the conversation by using your keyboard, telephone or microphone.

### HOW?

To register, go to [www.IdahoDigitalLearning.org](http://www.IdahoDigitalLearning.org) or call 208 342 0207.

After you register, a link is provided which allows you to access the webinar on the day of the event.

April 1

### Adolescent relationships & sexual activity

- What's considered "normal" adolescent sexual behavior for 11-14 year olds?
- Learn prevention & intervention of early adolescent sexual activity.
- Discover how to connect with your pre-teens & teens regarding sexual activity.

*Presented By:* Sherry Iverson, R.N., Director of Women's & Children's Community Education, St. Luke's Regional Medical Center and St. Luke's Children's Hospital

April 8

### What's going on and what can we do; adolescent trends in drug and alcohol use

This workshop highlights the current trends in student drug and alcohol use. This includes new research on the impact of substance abuse on the adolescent brain and the challenges schools face in addressing these issues. The workshop concludes with an overview of effective prevention programs in Idaho.

*Presented By:* Matt McCarter, Coordinator, Safe and Drug Free Schools and 21<sup>st</sup> Century Community Learning Centers, State Department of Education

April 22

### Internet Safety

#### Part 1: Protecting children on the Internet

Do you know how to protect your kids and teens online? The Internet opens to a world of great information, communication and entertainment, but it is also a passageway to danger. This presentation helps parents, grandparents and caretakers understand how to safely navigate the web. You'll be armed with age-specific tips and information on where to begin.

*Presented By:* Jared Olson, Traffic Safety Resource Prosecutor, Idaho Prosecuting Attorneys Association

April 29

### Internet Safety

#### Part 2: Social networking sites

In the next 24 hours, 10,000 American teenagers will try alcohol for the first time; some will become addicted to it, some will die from it, some will cause others to die. Alcohol-related traffic fatalities are the number one cause of death for 16-24 year olds. This workshop focuses on minors and their use of social networking websites for illegal consumption of alcohol. Understanding the dangers will help you set appropriate guidelines and rules to protect your children.

*Presented By:* Jared Olson, Traffic Safety Resource Prosecutor, Idaho Prosecuting Attorneys Association

May 6

### Meanness and aggression in Idaho schools;

#### Understanding bullying, harassment and the strategies to cultivate kindness

This workshop focuses on current data related to fights, bullying, harassment and weapons in Idaho schools. You'll learn how bullies are created and the impact their behavior has on victims. School-based interventions will be discussed, as will the role families and communities play in creating respectful school climates.

*Presented By:* Matt McCarter, Coordinator, Safe and Drug Free Schools and 21<sup>st</sup> Century Community Learning Centers, State Department of Education